

Main menu table with columns for Day, Dish Name, Ingredients, and Energy. Includes a central section for local products (今月の地場産物) and a table for average nutrition values (平均栄養価).

Handwashing and food safety section. Includes a cartoon illustration of a boy washing hands, text about the importance of handwashing, and a list of food safety rules (e.g., '牛乳は毎日付きます', 'スプーンは、マークのある日のみ付いています').